Viewing an intervention via the LifeGuide website

1. The intervention is viewed through a website called www.lifeguideonline.org

   You will need to have an account on the website in order to view interventions.

2. Please either log-in, or if you are new – create an account by clicking 'Register'.

3. **LEAVING YOURSELF LOGGED IN TO** www.lifeguideonline.org, open the invitation email from Lifeguidecommunity titled 'Lifeguide invitation'.

4. Please click on the link in the invitation email. You will need to copy and paste the confirmation code from the email into a box to allow you access to the intervention. This should take you straight to a page which looks like this:

5. If you click on the right, where it says **'Play and Comment'**, this will take you straight into the intervention so you can view it page by page, and leave feedback in the box on the left as you go.