

Viewing an intervention via the LifeGuide website

1. The intervention is viewed through a website called www.lifeguideonline.org

You will need to have an account on the website in order to view interventions.

2. Please either log-in, or if you are new – create an account by clicking ‘Register’.

The screenshot shows the homepage of the LifeGuide Community Website. At the top left is the LifeGuide logo, and at the top right is the University of Southampton logo. Below the logos, a navigation menu on the left lists: Home, About, Contact, Workshops, Publications, and Forum. The main content area is titled "Welcome to the LifeGuide Community" and contains the following text:

Lifeguide is an open source software platform that allows researchers to easily and flexibly create and modify internet-delivered interventions and to collaborate across research groups. LifeGuide enables researchers to design interventions that:

- give tailored advice based on the user's answers to questions;
- allow users to plan, chart and check their progress;
- send follow-up messages to users in the form of personalised emails or texts;
- automatically randomise users to different interventions arms;
- store all data on user responses and website usage for output to Excel and CSV

To view our **workshops** and **publications** on LifeGuide please click the links in the side bar.

If you would like to receive occasional email newsletters with news of LifeGuide releases, workshops, etc. then please e-mail **Victoria Hayter**

Register with the LifeGuide community to...

- Download the free LifeGuide Software
- Find help-materials and discussions to support you in the development of an internet-based intervention using LifeGuide
- Find examples of others' interventions; view, discuss and download existing interventions
- Upload your internet interventions to share with your research team or the wider research community
- Track data on how your intervention is used by end-users or participants

and lots more!

On the right side of the page, there is a registration and login form. The form is titled "Want to manage or deploy your own interventions?" and includes the text "Login or create an account here!". A "Register" button is circled in red. Below the "Register" button is the text "or Login:". The form contains input fields for "Username:" and "Password:", a "Remember me:" checkbox, a "Submit" button, and a "Forgot Password?" link.

3. **LEAVING YOURSELF LOGGED IN TO** www.lifeguideonline.org, open the invitation email from Lifeguidecommunity titled 'Lifeguide invitation'.
4. Please click on the link in the invitation email. You will need to copy and paste the confirmation code from the email into a box to allow you access to the intervention. This should take you straight to a page which looks like this:

Welcome to the LifeGuide community, Katherine.

Logout

- Home
- About
- Contact
- Workshops
- Publications
- Forum
- Newsletters
- LifeGuide Software
- Help
- Intervention Manager
 - My Folders
 - Demo Interventions
 - Tutorial Interventions
 - My Account

Home Your Intervention Folders Add Intervention

HOME_BP_v2

Your invitation was processed successfully

Owner km1c13

Interventions

Information

Interventions in this folder: 1.

Main Version

Other Versions

Details

HOME_BP_v2

Shortname:
HOME_BP_v2
Deployed:
05/06/2014
Expires: N/A
Number of
Comments: 0

Actions

- Play and Comment
- Play as End User
- Download
- Intervention Details

- If you click on the right, where it says 'Play and Comment', this will take you straight into the intervention so you can view it page by page, and leave feedback in the box on the left as you go.